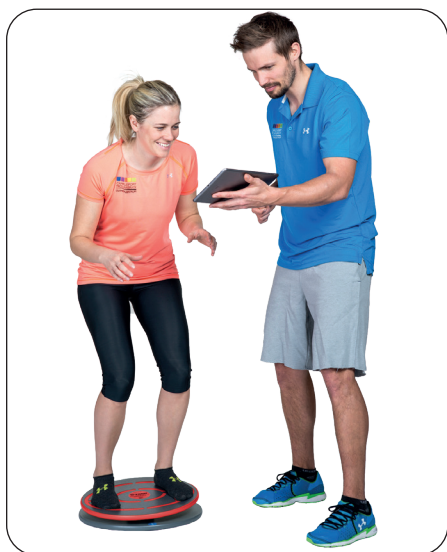


Fabrication Enterprises presents:



balance and vestibular
training equipment



Why TOGU®?

- The inventor and patent holder of the revolutionary Anti-Burst ball technology (ABS®)
- Anti-burst balls deflate slowly and safely; they do not burst when punctured
- TOGU®'s air-filled training and therapy tools have been manufactured in Germany for more than 60 years
- Products are made from Ruton® PVC, which is recyclable, environmentally-friendly and meets the highest quality and safety standards, including CPSIA, REACH, and CA65
- The feel and use characteristics of TOGU® products can be adjusted from firm to soft by using an air pump (included with products)
- All TOGU® products are covered under a five-year warranty



Inflatable Exercise Products

- The inventor and patent holder of the revolutionary Anti-Burst ball technology (ABS®)
- Products are made from Rulon® PVC, which is recyclable, environmentally-friendly, and meets the highest quality and safety standards, including CPSIA, REACH, and CA65
- The feel and characteristics of TOGU products can be adjusted from firm to soft by using an air pump (included with products)

TOGU® ABS® Powerball®

- Anti-burst system (ABS) provides an added level of puncture-resistant safety
- “Double groove” design provides traction preventing the ball from rolling away
- ABS threshold is the limit at which the ball will slowly deflate
- Available in four sizes to meet each user’s requirements



ABS® Powerball®

ABS limit: 200lb / 90kg **Weight Capacity: 1,100lb / 500kg**

30-4000	17.7" / 45cm	yellow
30-4001	21.7" / 55cm	orange
30-4002	25.6" / 65cm	green
30-4003	29.5" / 75cm	red

ABS® Powerball® Premium

ABS limit: 265lb / 120kg **Weight Capacity: 2,200lb / 1,000kg**

30-4010B	17.7" / 45cm	blue
30-4011	21.7" / 55cm	orange
30-4012	25.6" / 65cm	green
30-4013	29.5" / 75cm	red

TOGU® ABS® Challenge & Extreme Balls

- The professionals' choice for extra safety
- Ideal for heavy duty use
- Ball keeps its shape and remains bouncy
- Anti-burst system (ABS) provides an added level of puncture-resistant safety
- ABS threshold is the limit at which the ball will slowly deflate



extreme ABS® ball



challenge ABS® ball

Challenge ABS®

ABS limit: 1,100lb / 500kg **Weight Capacity: 4,400lb / 2,000kg**

30-4020	21.7 – 25.6" / 55 – 65cm	silver
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Extreme ABS®

ABS limit: 2,200lb / 1,000kg **Weight Capacity: 6,600lb / 3,000kg**

30-4030	21.7 – 27.6" / 55 – 70cm	blue
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TOGU® Actiroll Wave Roller

- Air-filled roller for self-massage, myofascial release, and relaxation
- Wave surface enables a more effective deep massage
- Adjust firmness with air pump
- 660lb/300kg weight capacity



long (20.9 x 10.2")

30-4450	black
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short (11.8 x 4.5")

30-4451BLK	black
30-4451R	red
30-4451G	green

TOGU® Spiked Massage Roller

- Air-filled roller for self-massage, myofascial release, and relaxation
- Structured surface enables a more effective, deep massage
- Adjust firmness with air pump
- 660lb/300kg weight capacity



long (20.9 x 10.2")

30-4460	black
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short (11.8 x 4.5")

30-4461BLK	black
30-4461R	red
30-4461G	green

TOGU® Pendell Elliptical Roll Wave

- Designed to roll optimally over the body
- Amount of air adjusts firmness



30-4440R	18 x 8"	red
30-4440BLK	18 x 8"	black

TOGU® Functional Roller

- unstable roll for functional training
- amount of air adjusts firmness
- 660lb/300kg weight capacity



30-4470R	31.5 x 7.1"	red
30-4470BLK	31.5 x 7.1"	black

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- The feel and characteristics of TOGU products can be adjusted from firm to soft by using an air pump (included with products)



Inflatable Exercise Products

TOGU® Dynair® Wedges



premium

plus

junior

- Space-saving alternative to an exercise ball
- For back and fitness training
- Use to help avoid pain in the inter-vertebral discs and to strengthen spinal muscles

Premium (14" x 15")

440lb / 200kg weight capacity

30-4270DG dark green

Plus (14" x 15")

660lb / 300kg weight capacity

30-4271B blue

Junior (13" x 13")

440lb / 200kg weight capacity

30-4272R red



TOGU® Senso Trainers



regular

XL

PLUS

- Air-filled cushion for dynamic sitting and for sensorimotor and proprioceptive training
- Use on knobbed or smooth side

Regular (13" diameter)

440lb / 200kg weight capacity

30-4230R red

XL (14" diameter)

440lb / 200kg weight capacity

30-4231G green

PLUS (15" diameter)

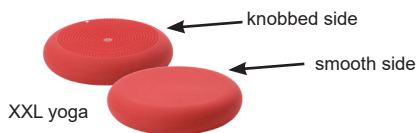
660lb / 300kg weight capacity

30-4232B blue



TOGU® Dynair® Larger Cushions

- Air-filled seat cushion for active dynamic sitting and for sensorimotor and proprioceptive training



XXL yoga

knobbed side

smooth side

extreme

weight capacity

30-4210	XXL	440lb / 200kg	19.7in	green
30-4211	XXL level III, medium	440lb / 200kg	19.7in	blue
30-4212	XXL level IV, firm	440lb / 200kg	19.7in	black
30-4213	XXL yoga, soft	440lb / 200kg	19.7in	red
30-4220	extreme	440lb / 200kg	31.0in	purple



XXL level III



TOGU® Yoga Balance Cushion

- Adjust height to obtain a relaxed seated and upright posture
- Pump is included
- 330lb/150kg weight capacity



30-4520 16 x 16 x 12" purple

TOGU® ABS® Pendell Oval Balls

- Oval shaped ball assures more contact with the ground and person
- Anti-burst system (ABS) adds a level of puncture-resistant safety



junior

regular



Junior

ABS limit: 550lb / 250kg

Weight Capacity: 2,200lb / 1,000kg

30-4041 23.6 x 17.7 - 21.7" / 60 x 45 - 55cm gray

Regular

ABS limit: 550lb / 250kg

Weight Capacity: 2,200lb / 1,000kg

30-4040 31.5 x 21.7 - 27.6" / 80 x 55 - 70cm purple

Inflatable Exercise Products

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TOGU® Jumper® Stability Dome

- Functional balance trainer for jumping and swinging, strength, endurance, and conditioning
- **Pro model** has a solid plate for extra stability
- **Mini model** is ideal for one leg exercises and rehabilitation
- 440lb / 200kg weight capacity



30-4050	Regular	20.5" dia / 52 cm	red
30-4051	Pro	20.5" dia / 52 cm	red
30-4052	Mini	14.2" dia / 36 cm	red

TOGU® Dynair® Pro

- Adjustable balance training tool with stability base plate
- Skid-proof material
- 330lb/150kg weight capacity



30-4080 14.2" dia x 3.9 in orange

TOGU® Brasil® Base Plus Balance Trainer

- Adjustable balance training tool with stability base plate
- 330lb/150kg weight capacity



30-4060 15.0" dia x 4.3 in green

TOGU® Dynair® Golf Pro Trainer

- Find balance point to improve stability and precision
- 330lb/150kg weight capacity



30-4070 14.2" dia x 3.9 in green

TOGU® Aero-Step



- Balance training while moving promotes reaction and reflexes
- Knob surface improves circulation and perception
- 440lb/200kg weight capacity

30-4100R	junior	18.1 x 12.6"	red
30-4110B	pro	20.5 x 15.7"	blue
30-4115	XL (knobbed)	20 x 15"	silver
30-4116	XL functional (smooth)	20 x 15"	silver

TOGU® Senso Trainers



- Balance training for beginners
- Low height offers safer training
- Knob surface (on one side) for massage effect
- Use both sides for balance and conditioning

30-4120	vein trainer	440lb / 200kg	13.4 x 13.0"	red
30-4130	ski trainer	440lb / 200kg	15.7 x 15.7"	red

TOGU® Dynair® Walker

- For training and stabilization of the ankle joints
- Upper body remains free to perform additional exercises
- Fits men's foot size 5 - 13
- 330lb/150kg weight capacity



30-4500 set of 2 red

TOGU® Dynair® Twister

- Makes stabilization core training more challenging and versatile
- Convex lower surface rotates, extending the possible range of exercises



30-4490 set of 2 7.9" dia red

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Inflatable Exercise Products

TOGU® Balanza Trainer

- Air-filled ball is mounted below a stable surface
- Unstable floating platform is ideal for stabilization and coordination exercises
- Adjust ball with needle pump
- 330lb/150kg weight capacity

30-4550 21.7 x 13.8 x 2.8" birch with red ball



TOGU® Balanza JumpStep

- 4 air-filled balls give more stability for people of every age and fitness level
- Top-mounted air cushion enables challenging exercise possibilities
- 330lb/150kg weight capacity



30-4580 30.7 x 30.7 x 10.6"

TOGU® Balanza Freeride

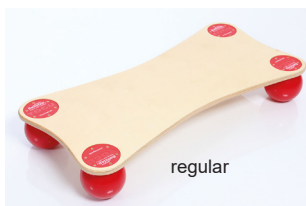


- Ideal for people who want to train for power, coordination, and balance
- Each ball may be adjusted with a needle pump
- 400lb/200kg weight capacity

30-4570 39.4 x 11.8 x 5.5" birch with red ball

TOGU® Balanza BallStep Trainer

- 4 air-filled balls give more stability for people of every age and fitness level
- Each ball may be adjusted with a needle pump



regular



XXL

		weight capacity			
30-4560	regular	330lb / 150kg	35.0 x 16.9 x 5.5"	birch w/red ball	
30-4561	XXL	550lb / 250kg	70.9 x 23.6 x 5.9"	birch w/red ball	

TOGU® Dynaswing Balance Ball



- Balance trainer and fitness ball in one
- Oversized ground plate provides stability
- 330lb/150kg weight capacity

30-4090 33.5" dia x 21.7 in red

TOGU® Posturedo Balance Board

- Designed to enhance and support posture, coordination, and strength after injury
- Allows therapists to control posture and movements of the patient
- Instability level is easily adjusted
- 440lb/200kg weight capacity



30-4140 28 x 26 x 6"

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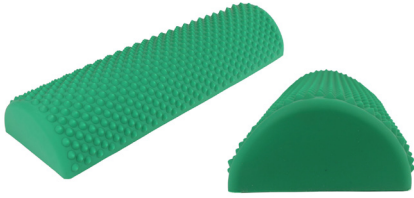
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*Only for sale in the Americas

Inflatable Exercise Products

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TOGU® Senso Balance Bar



- Air-filled bar is ideal for developing balance
- Senso knobs improve perception
- 330lb / 150kg weight capacity

30-4480R 19.7 x 3.0" red
30-4480B 19.7 x 3.0" blue

TOGU® Actiball Massager



- Air-filled tool for self-massage
- Knobbed surface enables a more effective and pleasant massage
- Used in fascia fitness, training, and therapy

30-4510 3.5" dia black

TOGU® Knobbed Elongated Ball

- Designed for reflex zone massage at home or during therapy
- Knobbed balls help to improve blood circulation



2.75" x 1.6"

elongated ball (2.75 x 1.6")

30-4750R red
30-4750G green

elongated ball (4.4 x 2")

30-4751B blue
30-4751S silver



4.4" x 2"

TOGU® Bantoo Roller



- Promotes blood circulation
- Used for self-relaxing exercises
- Use while sitting or standing

30-4700 4.3 x 1.8" red

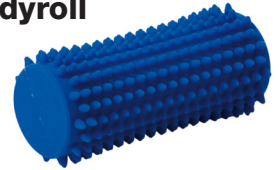
TOGU® Bantoo Elliptical Roll



- Promotes blood circulation
- Used for self-relaxing exercises
- Use while sitting or standing

30-4710 set of 2 4.3 x 2.0" red

TOGU® Bodyroll



- Provides a simple and effective massage for the entire body
- Ideal for foot reflex massage
- 330lb/150kg weight capacity

30-4720B set of 2 5.1 x 2.4" blue

TOGU® Actiball Relax



- Improves flexibility and agility
- Use to massage neck, arms, feet, and more

30-4790 medium 3.15" red
30-4791 large 4.72" red

TOGU® Actiball Grip

- Promotes regeneration and relaxation of the muscles and fascia
- Ideal for at-home use or on the go



30-4780 3.6" dia black

TOGU® Bodybone Roller



- Relieves spinal tension
- Special attachment designed for triggerpoint and acupuncture massage
- 440lb/200kg weight capacity

30-4760 5.9 x 2.6" gray
30-4761 10.2 x 5.5" gray

TOGU® Thermo Relax-Nex



- Hot/cold pillow with thermo-gel filling adapts to body
- Use for neck, shoulders, and back
- Heat in microwave or water bath, or cool in freezer

30-4610 9.3 x 4.3" red

TOGU® Balance Block



- Air-filled unstable block brings body awareness, trains poise, sensorimotor function, and mobility
- 330lb/150kg weight capacity

30-4400 13 x 5.9 x 2.8" gray

TOGU® Pilates Circle Premium



- Stable ring is made of fiberglass and soft handles
- Squeeze ring to train different muscle groups
- 35 cm / 13.8" diameter

30-4921 Pilates circle premium

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Inflatable Exercise Products

TOGU® Leo the Lion

- Stable and well-suited for children's strength and coordination
- 135lb/60kg weight capacity



30-4300 19.7" orange

TOGU® Bonito the Horse

- Stable and well-suited for children's strength and coordination
- 135lb/60kg weight capacity
- Hold ears for comfort



30-4310B 19.7" blue
30-4310R 19.7" red

TOGU® ABS® Kangaroo Jumper Balls



- Use by holding onto handles and jumping
- Anti-burst system (ABS) provides an added level of puncture-resistant safety

Super

ABS limit: 165lb / 75kg
Weight capacity: 330lb / 150kg
30-4320 23.6" purple

Junior

ABS limit: 135lb / 60kg
Weight capacity: 330lb / 150kg
30-4321 17.7" red

TOGU® Octositz Multi-Cube



- Ideal for balance training while seated
- Increase coordination, and balance
- Train muscles and increase spinal stability



Weight capacity: 440lb/200kg
30-4350R 12.6 x 12.6" red

TOGU® Dynair® Balance Seat



- For active sitting, balancing, and training

Weight capacity: 440lb / 200kg
30-4340R 14.2 x 11.0" red
30-4340B 14.2 x 11.0" blue

TOGU® Moonhopper Jumper

- Jump and hop for an overall workout
- Gyroscopic action improves ankle stability



Child (weight capacity: 155lb / 70kg)
30-4330 15.7 x 11.8" blue / red

Adult (weight capacity: 240lb / 110kg)
30-4331 15.7 x 11.8" blue / black

TOGU® Anti-Stress Ball



- Strengthen hands and fingers
- Reduces tension
- Soft material allows for the perfect distribution of pressure throughout the entire hand
- Each ball is 2.5" in diameter

30-4810 box (12) assorted colors

TOGU® Physio-Tower

- Adjustable holding fixture for resistance training
- Pair with any exercise band and tubing
- Use with a single joint (for one band/tube) or a double joint (for two bands/tubes)



30-4900 single pulley
30-4901 double pulley

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*Only for sale in the Americas

TOGU® Challenge Disc 2.0

- Use to measure and improve balancing and coordination skills
- Ideal for therapists, patients, trainers, athletes, and fitness enthusiasts of all performance levels and ages
- Every move on the Challenge Disc is measured by an integrated motion sensor and results are displayed within the Challenge Disc APP using Bluetooth 4.0 technology
- Use the APP with the Challenge Disc anywhere, whether it's at work, home, the gym or the Physical Therapy clinic, to perform selective exercises systematically, efficiently and in a targeted manner
- The APP is available as a free download on desktop, tablet or mobile devices (Windows, Mac, Android, and iOS)

Use the app to perform the below programs:

Coordination Test

- This test shows your personal balance performance level, testing single legs and both legs. This allows you to discover how to optimize your balance training

Training Programs

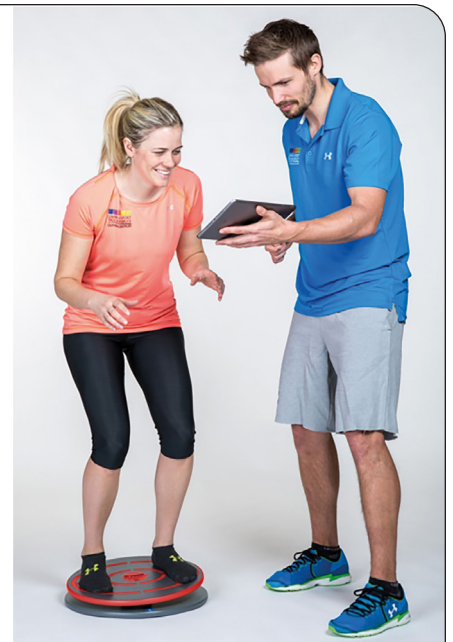
- Five training and therapy programs are available for dual-leg and single-leg balance training. A digital coach guides you through the exercises and optimizes training quality whether you're a novice or athlete

Games

- The APP offers 6 training games which target dual-leg and single-leg balance training and provide fun training for children and adults. The following games are available: Ping-Pong, Cross, Butterfly, Ski Racing, Football, Auto Racing

Test Evaluations

- The APP's test results evaluate your coordination/balance. Results can be printed, emailed and/or saved as a pdf for review



30-4930 TOGU® Challenge Disc 2.0

TOGU® Dynair® BalanceSensor

- Used for targeted coordination and stabilization training
- Balance exercises are performed on special balance cushion with integrated motion sensor
- Sensor transmits balance data via Bluetooth 4.0 to free BalanceSensor APP
- The APP is available as a free download on desktop, tablet or mobile devices (Windows, Mac, Android, and iOS)



30-4935 TOGU® Dynair® balance sensor

TOGU® Powerball® BalanceSensor

- Used for targeted coordination and balance training
- Balance exercises are performed on a Powerball® (choose your size) with an integrated motion sensor
- Sensor transmits balance data via Bluetooth 4.0 to free BalanceSensor APP
- The APP is available as a free download on desktop, tablet or mobile devices (Windows, Mac, Android, and iOS)



30-4940 TOGU® Powerball balance sensor w/ 55 cm (22 in) ball
 30-4941 TOGU® Powerball balance sensor w/ 65 cm (26 in) ball
 30-4942 TOGU® Powerball balance sensor w/ 75 cm (30 in) ball